

What is a World Café?

A World Café is a group interaction method focused on conversations. It encourages collaborative dialogue, sharing knowledge and enabling opportunities for action in groups. People sit in groups around a table and hold a series of conversational rounds lasting around 20 minutes: The host explains the topic of discussion/provides information about their project which is then followed by group discussion, usually based around one or more questions.

At the end of each round, the topic host remains at the table while the participants are free to move onto another table. When the next round starts, the hosts welcome newcomers to their tables and can share the essence of that table's conversation so far. Newcomers can also share any conversational threads or themes of interest from previous discussions. This can allow the discussions to deepen as the session continues.

What will happen at today's World Café session?

1) Setting: The sessions will be held at the tables in the main hall. Look for the table's letter label to identify the topic of interest to you (see the session outlines in your delegate pack). Tables will have space for approximately 6-10 participants in each round. There will be paper and pens available on each table if you need them.

2) First small group discussion: You can choose to go to any table to start. The host will talk about their project for around 10 minutes and this will be followed by around 10 minutes of group discussion.

3) Rotating between tables: At the end of the twenty minutes, each member of the group moves to a different new table. The table host remains at the table for the next group. There will be time for you to attend a total of three discussions.

World Café session outlines

Table A - Child poverty, health and wellbeing eLearning module

Host and organisation – Kerry McKenzie, NHS Health Scotland.

NHS Health Scotland is supporting the Scottish Government's efforts to eradicate child poverty. As part of this work, NHS Health Scotland and partners have created the *Child poverty, health and wellbeing eLearning module*. The learning resource aims to raise awareness of child poverty issues in Scotland, the impact poverty has on children and young people's health and wellbeing. The module is relevant for all working across health, social care, education and the public sector who are in contact with children at work.

Overall, the module has been designed to cover the following key learning outcomes:

- Describe what child poverty is and what causes it
- Outline how child poverty is defined and measured in Scotland
- Explain how poverty impacts children and young people's health & wellbeing
- Promote individuals' reflection of their roles in reducing the impact of child poverty on health and wellbeing

Learners can access the module by self-enrolling onto Health Scotland's Virtual Learning Environment which can be found at:

<https://elearning.healthscotland.com/course/view.php?id=523>

Kerry McKenzie, Organisation Lead - Child Poverty, NHS Health Scotland, will introduce delegates to the module and give an overview of the learning outcomes. She will pose some questions on how delegates would anticipate using the module in their organisation and in the course of their work.

Table B – Give Me Five, the child benefit top-up campaign

Host and organisation – Jenny Duncan, Child Poverty Action Group in Scotland

The Give Me Five Campaign is a coalition of third sector, civic society and faith groups campaigning for an increase in child benefit to help end child poverty.

Poverty currently affects one in four children in Scotland, but it doesn't have to be that way. We believe that poverty can be solved. Tackling poverty is good for us all, and we believe that by investing in social security we can help enable all our children to access all the opportunities available to them.

Using new devolved social security powers to increase child benefit by just £5 a week for every child could lift 30,000 children out of poverty. The Give Me Five Campaign believe the Scottish Government should take every opportunity, including using new powers to "top-up" child benefit, to help children and families out of poverty.

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Jenny Duncan, Policy and Parliamentary Officer for CPAG in Scotland will give an overview of the campaign aims, the impacts of increasing child benefit and explore with delegates how the campaign objectives can be achieved.

Table C – Tackling Child Poverty in Glasgow: a multi-agency partnership giving single parents with lived experience a voice to influence services.

Host and organisation – Marion Davis, One Parent Families Scotland

Key partners –One Parent Families Scotland, Glasgow City Council, NHS Greater Glasgow and Clyde (NHSGGC), Health Scotland, Wheatley Group and Glasgow Centre for Population Health (GCPH) tested a “Single Parent Proofing” model of service delivery. This approach aims to:

- Highlight that a high proportion of children living in poverty live with a single parent.
- Increase recognition that a tailored response to the unique challenges single parents face is needed.
- Enhance collaboration across relevant public, voluntary and private sectors to improve how mainstream services work for single parents.
- Give single parents with lived experience a voice to influence services through real participation and involvement of parents with experience of living on a low income.

The Glasgow Lone Parent Development Project was set up in April 2015 to test out new approaches to address some of these significant barriers. The project was funded and supported by a steering group comprising public health, NHS boards (local and national), local authority, housing and third sector membership.

Marion Davis, Head of Policy & Strategy at One Parent Families Scotland, will give an overview of the project and will pose some questions on how we challenge the stigma and discrimination single parents face and how delegates would be able to encourage similar LP proofing of services in their own area.

Table D – Learning from the Healthier, Wealthier Children (HWC) project

Hosts and organisations – Jackie Erdman, Head of Equality and Human Rights, NHS Greater Glasgow and Clyde, (NHS GGC) and Lynn Naven, Public Health Research Specialist, Glasgow Centre for Population Health (GCPH)

Work to address child poverty has been underway for many years in Greater Glasgow and is supported by partners from NHSGGC, six local authorities, third sector organisations and the GCPH. One of these strategies is the Healthier, Wealthier Children (HWC) project which is a system-wide initiative operating across NHSGGC. The project was set up to maximise household income for families at risk of, or experiencing poverty, by developing referral pathways between early years health staff and money advice services.

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Jackie Erdman and Lynn Naven will present some key outcomes from HWC and explore some of the factors involved in implementing and sustaining a partnership model like HWC across Scotland's largest health board. Areas for discussion will include: what works well, challenges likely to arise and how to respond to them, and some thoughts on sustaining this approach within a difficult economic climate. There will be opportunities to consider whether this system-wide approach to tackling child poverty could operate beyond NHS GGC and to gather the views of delegates on how they would envisage operating such a model in their areas.

Table E - Bairns Come First – Looking at Child Maintenance in Fife.

Host and organisation – Fiona McHardy, The Poverty Alliance

This session will share the findings from research conducted by the Poverty Alliance on the new Child Maintenance Service. It will explore the key issues low income households face and outline partnership work taking place in Fife following the publication of this work.

Fiona McHardy is Research and Information Manager at the Poverty Alliance www.povertyalliance.org. She has been involved in diverse range of research projects and has written on a number of subjects including austerity impacts, welfare reform, homelessness, rural poverty and health inequalities.

Table F - Food, Families, Futures

Host and organisation: Elaine Kerridge, Children in Scotland

Children In Scotland is leading an innovative project to address a major social issue: food poverty and its links with wellbeing, learning and attainment.

Children in Scotland is working with various partners to deliver this project, including Local Authorities, third sector organisations and major UK food supplier Brakes. So far this project has focused on working with communities in Glasgow, West Dunbartonshire, Perthshire and North Ayrshire. The project is also part of a study by Northumbria University (in partnership with Brakes) on 'holiday hunger' and 'holiday loss of learning'.

Elaine Kerridge, Policy Manager at Children In Scotland, will introduce delegates to the aims of the project, give a whistle stop tour of the successes and challenges involved and will pose some questions on how delegates could support similar projects or tackle food related rights and wellbeing issues in the course of their work.

Table G – Improving health and wellbeing at Lawfield Primary School.

Host and organisation: Patricia Cochrane, Lawfield Primary School, Dalkeith, Midlothian.

Lawfield Primary School has been working collegiately alongside various agencies to improve health and wellbeing across the whole school and community in order to raise attainment within the school. This has worked alongside a further two drivers – improving the confidence and capacity of the school team and improving school systems and processes to support the learning.

The main outcomes of the talk will be to explain:

- The context within which the school is operating
- The challenges and barriers which impact attainment
- How we went about improving team confidence and capacity
- Implementing effective systems and processes across the school
- Tackling Health and Wellbeing
- Impact of all of the above on attainment as well as lessons learned and next steps.

Tricia Cochrane, Deputy Head Teacher at Lawfield Primary School in Mayfeild, Dalkeith will host the session.

Table H – Let us share with you how a holistic employability project can help reduce child poverty – Making it Work for Lone Parents (Fife)

Host and organisation: Laura Millar & Audrey Cunningham, Gingerbread Fife and Citizens Advice Rights Fife

Making it Work is an early intervention project which supports lone parents towards employment as part of the Fife Employability Pathway.

Originally funded by Big Lottery, the project has evolved since 2013 through strategic partnership working, co-production and shared learnings. The partnership was formed by Fife Gingerbread, Citizens Advice & Rights Fife, Fife Council and One Parent Families Scotland.

Nowadays, the project is delivered by Fife Gingerbread and Citizens Advice & Rights Fife. We would like the opportunity to share with you how an employability project can be more than just about jobs – how a holistic model can make a significant difference to lone parents, and their children.

Laura Millar (Employability & Progression Manager - Fife Gingerbread) & Audrey Cunningham (Financial Inclusion Coordinator - Citizens Advice Rights Fife) will host the session.